# Betterment

The product of progress. by Pete Fasciano, Executive Director 01/05/2025

We are seekers. It's that quiet yet constant flame from someplace deep within us. Life is quite literally a fire that has no flame. Is it a 'burning desire'? No. It's in the background of our consciousness, smoldering. Subtle, but smoldering nonetheless.

In November we seek to embrace gratitude and be thankful. In December we seek the peace of the season. As days wane, these are months for emotional reckoning. A mental settling of accounts. Settling in.

In January, we tend to seek a bit more. What lies forward?

How to frame January? Hope becomes restless. What do we seek? Is it direction? Is it progress? There is a somewhat technical term that insurance companies often cite-'betterment'.

Betterment refers to items (and their value) that the insured attempts to include in a loss claim that were not a direct or consequent loss resulting from the loss event. In plain English, if you were in a minor fender-bender and tried to include your worn brakes in a claim, that's betterment. You seek a better outcome from a loss. Earned or not, we seek to tip the scales in our favor.

So here we are in January. Post-holiday doldrums.
Restless. Hope against shapeless dread?. Seeking.
Impatient? Some might say we're, 'antsy.' We want to get things moving somehow.
(Even as we strive to retrain our muscle memory to write '2025' instead of '2024'.)

Last week I quipped about my ersatz holiday – **PUTTER DAY**. Even in jest, it serves a purpose. It reminds us that the desultory doing of things – puttering – is a way to engage – to move from stasis – to shift from seeking to starting. If you're unsure about what to do, just do something, no matter how simple.

Our lives are filled with gains and losses. On January first, **PUTTER DAY** is not just about that one day. It's a start. It's our way forward - to some form of earned betterment.

And - as always -

Thank you for watching.
Thank you for listening to wfprofm.
And staying informed at Franklinonews.



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Our wfprofm schedule lists interviews and musical programs of local interest hosted by Franklin residents. Franklin Public Radio's programming is possible thanks to talented, dedicated volunteers. Do you have an interest in podcasting? We can help. 508-541-4118



Monday:

9 AM 12 PM and 6 PM Talkin' the Blues - Jim Derick & Nick Remissong

Awesome blues music, info, interviews

11 AM 2 PM and 8 PM Frank's Music - with Frank Falvey

Tuesday:

9:00a/12:00p/6:00p Jazz Journey - with Pamela Hines

An insightful tour of Jazz Greats in a golden era

11 AM 2 PM and 8 PM Safe Radio - Dr. Anne Bergen and Jim Derick examine

treatments, coping strategies and recovery from

substance use disorder and mental illness.

Wednesday:

9:00a/12:00p/6:00p Franklin Matters Radio - Steve Sherlock

Our local officials, services and events

10:00a/1:00p/7:00p The Wonderful World of Wine-Mark Lenzi, Kim Simone

All about wine, its culture, lore and finer points

11:00a/2:00p/8:00p Franklin Matters Radio - Steve Sherlock

Our local officials, services and events

Thursday:

9:00a/12:00p/6:00p Turntable - with Dave (Vibe) Butler & Paul (G) Guarino

Our 2-hour deep dive into the great albums

11:00a/2:00p/8:00pm Frank Presents - Notable Local Conversations

Friday:

9:00a/12:00p/6:00p Chapters – Jim Derick

Insightful, life-affirming stories and interviews

10:00a/1:00p/7:00p Music to Lift the Spirit - Frank Falvey & Jim Derick

11:00a/2:00p/8:00pm Senior Story Hour - Senior Center Scribblers Group

Weekdays:

3:00p Swingin' Music of the Big Band Era

4:00p Starlight Songs from the Great American Songbook

Listen each week on the air at 102.9 fm, and online at our website, wfpr.fm as we bring more of our community - to community radio.



We post our weekly schedule on Saturday morning. Listings are subject to change. Check our program schedule on our channels for the most up-to-date information. If you have questions, let us know at: info@franklin.tv or call 508-541-4118.





SAT	TUR	DAY

7:30 am	Franklin Art Association: Vincent Crotty
9:00 am	Cooking Thyme: Candy Apples
9:30 am	Candlepin New Generation: Show 7
10:00 am	Joe Landry: The Railroad in Franklin
11:30 am	Veterans' Call: SHINE
1:00 pm	Winning Ways with the MIAA: Pete Smith
2:00 pm	Mental Health: Raeleen Sullivan
3:00 pm	Fallen Heroes Pt 9
3:30 pm	Santa on the Common 2024

4:00 pm Parish of St. Mary Christmas Pageant 2019 5:30 pm FPAC: The Nutcracker 2024

Circle of Friends: Heather Pierson Trio 8:30 pm SUNDAY

7:00 am Let There Be Light: In True Freedom Pt 3 8:00 am Mrs. Claus Storytime

8:30 am Franklin Art Association: Vincent Crotty

Fallen Heroes Pt 9 10:00 am 10:30 am Veterans' Call: SHINE 11:30 am Senior Connection: Traditions 12:30 pm FUMC: Cathy Cargill Koch Joe Landry: The Railroad in Franklin 2:00 pm

3:30 pm Extended Play Sessions: Season 10 Show 3 - Hipnotics

4:30 pm Pack 92 Pinewood Derby 2022 6:00 pm SAFE Coalition: Michelle Palladini 7:00 pm Riffin' on Main Street: James McLaughlin 8:00 pm Historical Museum: Greenwich Bay Brass Band

8:30 pm FPAC: The Nutcracker 2024



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MONDAY	
7:00 am	Riffin' on Main Street: James McLaughlin
8:00 am	SAFE Coalition: Michelle Palladini
9:00 am	FPAC: The Nutcracker 2024
12:00 pm	Brook'n'Cookin: Scones
12:30 pm	Cooking with Linda: Salmon
1:00 pm	Cooking Thyme: Centerpieces
1:30 pm	Pizzapalooza: White Pizza
2.00 nm	New England Candlenine: Summer 2018

2:00 pm New England Candlepins: Summer 2018 Show 7

3:00 pm Candlepin New Generation: Show 8

4:00 pm Second Sunday Speaker Series: Twisted Sisters 5:30 pm Winning Ways with the MIAA: Referee Shortage Pt1

7:00 pm Frank Presents: Jim Derick

Circle of Friends: Heather Pierson Trio 8:00 pm

**TUESDAY** 7:30 am

Joe Landry: The Railroad in Franklin Mental Health: Abigail Drake 9:00 am Frank Presents: Jim Derick 10:00 am 11:00 am Santa on the Common 2024

11:30 am Historical Museum: Greenwich Bay Brass Band

12:00 pm Brook'n'Cookin: Scones 12:30 pm Cooking with Linda: Salmon 1:00 pm Winter Wonderland 2024 1:30 pm Pizzapalooza: White Pizza

2:00 pm New England Candlepins: Summer 2018 Show 7

3:00 pm Candlepin New Generation: Show 8 3:30 pm Riffin' on Main Street: James McLaughlin

4:30 pm Winning Ways with the MIAA: Referee Shortage Pt1

5:30 pm Mrs. Claus Storytime 6:00 pm Fallen Heroes Pt 9

6:30 pm Circle of Friends: Heather Pierson Trio

9:00 pm Second Sunday Speaker Series: Twisted Sisters

WEDNESDAY

7:00 am Historical Museum: Greenwich Bay Brass Band

Mental Health: Abigail Drake 7:30 am 8:30 am Pack 92 Pinewood Derby 2022 FUMC: Cathy Cargill Koch 10:00 am Cooking Thyme: Centerpieces 11:30 am 12:00 pm Brook'n'Cookin: Scones 12:30 pm Cooking with Linda: Salmon 1:00 pm Santa on the Common 2024 1:30 pm Pizzapalooza: White Pizza

2:00 pm New England Candlepins: Summer 2018 Show 7

3:00 pm Candlepin New Generation: Show 8 3:30 pm Circle of Friends: Heather Pierson Trio

5:00 pm Winning Ways with the MIAA: Referee Shortage Pt1

6:00 pm FPAC: The Nutcracker 2024 9:00 pm Winter Wonderland 2024

FPAC Holiday Special: Tis The Season 9:30 pm



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Millie Medway Brandywine assachusetts thode Island 114 9:30 pm North SATURDAY Cumberland Attleborou (114) Lincoln

**THURSDAY** 7:00 am Fallen Heroes Pt 9 7:30 am Veterans' Call: SHINE 10:30 am SAFE Coalition: Michelle Palladini 11:30 am Cooking Thyme: Centerpieces 12:00 pm Brook'n'Cookin: Scones 12:30 pm Cooking with Linda: Salmon 1:30 pm Pizzapalooza: White Pizza 2:00 pm New England Candlepins: Summer 2018 Show 7

3:00 pm Riffin' on Main Street: James McLaughlin Winning Ways with the MIAA: Referee Shortage Pt1

4:00 pm

5:00 pm Franklin Art Association: Vincent Crotty

6:30 pm Mrs. Claus Storytime 7:00 pm Frank Presents: Jim Derick 9:00 pm

Second Sunday Speaker Series: Twisted Sisters

**FRIDAY** 7:00 am FUMC: Cathy Cargill Koch 8:30 am Frank Presents: Jim Derick

10:00 am Riffin' on Main Street: James McLaughlin

11:00 am Senior Connection: Traditions 12:00 pm Brook'n'Cookin: Scones 12:30 pm Cooking with Linda: Salmon Santa on the Common 2024 1:00 pm 1:30 pm Pizzapalooza: White Pizza

2:00 pm New England Candlepins: Summer 2018 Show 7 Winning Ways with the MIAA: Referee Shortage Pt1 3:00 pm Second Sunday Speaker Series: Twisted Sisters 4:00 pm

Veterans' Call: SHINE 5:30 pm

Historical Museum: Greenwich Bay Brass Band 6:30 pm

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Winning Ways with the MIAA: Referee Shortage Pt1 1:00 pm

2:00 pm Mental Health: Abigail Drake

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8:00 am 10:30 am 12:00 pm 3:30 pm 4:30 pm 7:30 pm 9:30 pm SUNDAY	FHS Girls Varsity Basketball v King Philip 12-20-24 Mental Health: Raeleen Sullivan FHS Boys Varsity Basketball v Dartmouth High School 12-23-24 SAFE Coalition: The Hamlins Varsity Football: Franklin v King Philip 11-28-24 FHS Girls Varsity Hockey v Stoughton 12-18-24 Universe of Adolescent Sleep
8:00 am 9:00 am 11:30 am 2:00 pm	Mental Health: Abigail Drake FHS Boys Varsity Basketball v Dartmouth 12-23-24 Public School Concert: Horace Mann Winter Music 2022 FHS Girls Varsity Basketball v Taunton 01-03-25
4:30 pm 5:30 pm 6:30 pm 9:30 pm	Universe of Adolescent Sleep SAFE Coalition: Michelle Palladini Varsity Football: Franklin v King Philip 11-28-24 FHS Theater Company: Cinderella



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12:30 pm

3:00 pm

4:00 pm 8:00 pm 10:00 pm

MONDAY 8:00 am 10:30 am 12:00 pm 1:30 pm 3:30 pm 7:30 pm 8:30 pm	FHS Girls Varsity Basketball v Taunton 01-03-25 Cultural Council: BT ALC Big Band Public School Event: Annie Sullivan Winter Music 2022 Winning Ways with the MIAA: Referee Shortage Pt1 Public School Concert: MICCA Showcase Pt. 2 03-14-18 SAFE Coalition: Michelle Palladini FHS Boys Varsity Hockey v Newburyport 12-31-24
TUESDAY	, , , , ,
7:00 am	Public School Concert: MICCA Showcase Pt. 2 03-14-18
9:00 am	Public School Concert: Horace Mann Winter Music 2023
10:30 am	Winning Ways with the MIAA: Referee Shortage Pt1
11:30 am	Mental Health: Abigail Drake
12:30 pm	Cultural Council: BT ALC Big Band
2:00 pm	FHS Boys Varsity Hockey v Newburyport 12-31-24
4:30 pm	FHS Boys Varsity Basketball v Dartmouth 12-23-24
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10:00 am	SAFE Coalition: Michelle Palladini
11:00 am	Public School Event: Annie Sullivan Winter Music 2022

FHS Boys Varsity Hockey v Newburyport 12-31-24 Winning Ways with the MIAA: Referee Shortage Pt1

FHS Varsity Swimming v Milford 01-03-25 FHS Girls Varsity Hockey v Stoughton 12-18-24 FHS Girls Varsity Basketball v Taunton 01-03-25







THURSDAY 7:00 am

# Comcast 8 Verizon 28



8:30 am	Cultural Council: BT ALC Big Band
10:00 am	FHS Varsity Swimming v Milford 01-03-25
1:30 pm	Universe of Adolescent Sleep
2:30 pm	Winning Ways with the MIAA: Referee Shortage Pt1
4:00 pm	FHS Boys Varsity Hockey v Newburyport 12-31-24
6:30 pm	FHS Theater Company: Cinderella
9:00 pm	FHS Girls Varsity Hockey v Stoughton 12-18-24
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7:00 am	Public School Concert: Horace Mann Winter Music 2023
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Note: 3rd Floor meetings are on Comcast8/Verizon28 and our Franklin Pride YouTube channel.

### https://www.franklinma.gov/calendar

# O MARCH 2, 1TO MAR

SATURDAY

10:00 am Planning Board 12-16-24
2:00 pm Zoning Board of Appeals 11-21-24
5:00 pm Conservation Commission 12-12-24

SUNDAY

8:00 am School Committee 12-10-24 12:00 pm Economic Development 12-18-24 3:00 pm Town Council 12-18-24

MONDAY

8:00 am Planning Board 12-16-24 12:00 pm Economic Development 12-18-24 2:00 pm Planning Board 12-16-24

TUESDAY

8:00 am School Committee 12-10-24 2:00 pm School Committee 12-10-24 6:00 pm Joint Budget Subcommittee 12-17-24

WEDNESDAY

8:00 am Town Council 12-18-24 2:00 pm Town Council 12-18-24

6:00 pm Joint Budget Subcommittee 12-17-24

5:45 pm Economic Development Subcommittee CHAMBERS 890 5052 3175

7:00 pm Town Council CHAMBERS 832 8682 5178

**THURSDAY** 

8:00 am Conservation Commission 12-12-24 12:00 pm Community Preservation 12-18-24 2:00 pm Conservation Commission 12-12-24

7:00 pm Conservation Commission CHAMBERS 931 6530 1638

FRIDAY

8:00 am Zoning Board of Appeals 01-02-25 12:00 pm Community Preservation 12-18-24 2:00 pm Zoning Board of Appeals 01-02-25

**SATURDAY** 

10:00 am Planning Board 12-16-24

2:00 pm Zoning Board of Appeals 01-02-25 5:00 pm Conservation Commission 12-12-24

